



# FACT SHEET

## Delaware County Community Emergency Response Team Supplemental Training Series

### INTRODUCTION TO WILDERNESS SEARCH & RESCUE

#### Section VII - SAR 24-Hour Pack List

- 1 - Plastic bag, zip lock, qt. size, for kit
- 4 - Acetaminophen or aspirin tablets
- 4 - Antacid tablets
- 2 - Antiseptic cleansing pads
- 1 - Antiseptic ointment
- 6 - Band aids, various sizes
- 1 - Candle, long burning
- 2 - Cotton swabs, non sterile
- 1 - Duct tape, 5-10 ft.
- 1 - Leaf bag, large
- 8 - Matches in a waterproof container
- 1 - Moleskin
- 2 - Quarters for phone call
- 1 - Razor blade, single edge safety type
- 1 - Roller gauze bandage
- 2 - Safety pins, large
- 1 - Splinter forceps, tweezers
- 1 - Space type blanket or space type sleeping bag
- 1 - Towellette, clean
- 1 - Whistle
- 1 - Pack, 1800 cubic inch (minimum)
- 4 - Bags, various sizes, zip locked
- 1 - Bandanna, handkerchief
- 1 - Cap or other headgear
- 2 - Carabineers, locking gate
- 1 - Clothes bag, waterproof
- 1 - Clothing, adequate for climate
- 1 - Clothing, extra set, suitable for climate
- 1 - Compass, orienteering
- 1 - Flagging tape, roll
- 1 - Flashlight or lantern
- 1 - Flashlight extra, extra batteries and bulb
- 1 - Footwear, sturdy, adequate for climate
- 1 - Gloves, durable, even in summer
- 1 - Goggles, or eye protection, clear
- 1 - Insect repellent
- 1 - Knife, multi-purpose
- 1 - Lip balm, with sunscreen
- 1 - Measuring device, 18 in. minimum
- 1 - Metal cup or pot

- 1 - Mirror, small
- 1 - Nylon twine or small rope, 50 feet
- 1 - Pad and pencil
- 2 - Prusik cords (6mm  $\varnothing$  8mm; 6 ft. length)
- 1 - Rainwear, durable
- 1 - SAR personal identification
- 1 - Shelter Material, 8x10 plastic or coated nylon
- 1 - Scissors, multi-purpose
- 1 - Socks, extra pair
- 1 - Sunscreen lotion
- 1 - Tissue paper or baby wipes (recommended)
- 1 - Tracking stick, 42" long
- 1 - Watch
- 2 - Water containers, at least liter size
- 1 - Webbing, 1" tubular - length suitable for harness
- 1 - Wire, 5-10 ft., woven steel
- 8 - Wire ties, plastic, self locking

#### Optional Personal Support Equipment Recommended But Not Required

- 2 - Antihistamine, 25mg Benadryl
- 2 - Extra leaf bags
- 1 - Extra water container
- 1 - Foam pad
- 2 - Food, nonperishable
- 1 - Gaiters
- 1 - Rain cover, pack
- 1 - Sterno or stove
- 1 - Sun glasses, 97% UV protection
- 1 - Trail snacks
- 1 - Water purification tabs